TEMECULA ALL COMERS TRACK MEETS

AT

GREAT OAK HIGH SCHOOL

32555 Deer Hollow Way, Temecula, CA 92592

ON GREAT OAK HIGH SCHOOL’S ALL WEATHER TRACK
3/16” NEEDDLE SPIKES OR LESS ARE REQUIRED

All Ages Can Compete

4 DATES:  Saturday, December 11, 2010 & Saturday, January 8th, 2011 &
Saturday, January 22nd, 2011 & Saturday, February 19th, 2011

COST:  $5.00 unlimited entry for athletes and spectators (Children 4 & under free)

SCHEDULE OF EVENTS

TIME SCHEDULE IS TENATIVE BASED ON THE NUMBER OF ATHLETES
IN EACH EVENT AND WILL PROGRESS AHEAD OF SCHEDULE IF POSSIBLE

ALL EVENTS BEGIN AT 9:00 AM

RUNNING EVENTS:  (Rolling schedule – no set time for each event!)
9:00 AM  4 X 800 METER RELAY  800 METERS
          4 X 100 METER RELAY  300 METERS
          1600 METERS          200 METERS
          100/110 METER HURD    3200 METERS
          400 METERS           4 X 400 METER RELAY
          100 METERS          5000 METERS

FIELD EVENTS:
TRIPLE JUMP WILL FOLLOW THE LONG JUMP.  DISCUS WILL FOLLOW THE SHOT PUT.

LONG JUMP  [4 JUMPS MEN/WOMEN]
HIGH JUMP  [STARTS AT 3’6” & RAISED EVERY 2” MEN/WOMEN]
SHOT PUT   [4 THROWS MEN/WOMEN]
POLE VAULT [START AT 6’ RAISED EVERY 6 INCHES MEN/WOMEN]
DISCUS     [4 THROWS MEN/WOMEN]
TRIPLE JUMP[4 JUMPS MEN/WOMEN]

DIRECTIONS:  Great Oak High School is located at the corner of Pechanga Parkway and Deer Hollow
Way.  From the I – 15 freeway take the 79 South/ Temecula Parkway exit.  Turn Right on Pechanga
Parkway. Turn left at Deer Hollow Way and make the first right into the Great Oak Stadium parking lot.

PARKING:  Parking is available in the stadium parking lot. Additional parking may also be available
across the street at Birdsall Sports Park.

WEATHER:  MEETS WILL RUN RAIN OR SHINE!

MEET INFORMATION:
Contact Doug Soles
dsoles@tvusd.k12.ca.us